

## Structured Suicide Risk Assessment Checklist

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_ Location \_\_\_\_\_

**Check All That Apply**

<input type="checkbox"/> Suicidal Ideation	<input type="checkbox"/> Initial Assessment	<input type="checkbox"/> Risk Increased
<input type="checkbox"/> Deliberate Self Harm	<input type="checkbox"/> Re-assessment (last date/time _____)	<input type="checkbox"/> No Change
<input type="checkbox"/> Suicide Attempt	<input type="checkbox"/> Discontinued	<input type="checkbox"/> Risk Decreased

**Brief Description** \_\_\_\_\_

**Antecedents (events/conditions)** \_\_\_\_\_

**Circle for each item: 0 = largely absent risk factor 1 = present risk factor 2 = prominent risk factor**

- |  |   |  |  |
|--|---|--|--|
| <b>A. Time</b>                                   | 0) nothing specific   | 1) vague time-frame  | 2) specific time-frame   |
| <b>B. Place</b>                                  | 0) nothing specific   | 1) vague location  | 2) specific location   |
| <b>C. Method</b>                                 | 0) nothing specific   | 1) vague method or limited access                                | 2) specific method (access)  |
| <b>D. Viability</b>                              | 0) lethality unlikely   | 1) lethality possible  | 2) probably lethal   |
| <b>E. Helpless/<br/>Hopeless</b>                 | 0) can create alternatives without assistance                 | 1) can create alternatives with assistance                       | 2) unable/unwilling to create alternatives even with assistance        |
| <b>F. Mental Health</b>                          | 0) stable – no diagnosis                                      | 1) stable with diagnosis   | 2) unstable/unmanaged  |
| <b>G. Alcohol/Drug Abuse</b>                     | 0) no hx or current abuse                                     | 1) unknown or past hx of abuse                                   | 2) current abuse / misuse  |
| <b>H. Family/Friends/<br/>Native Supt Sys</b>    | 0) viable family/friend support                               | 1) inadequate support from family and/or friends (lives alone)   | 2) severely isolated, alienated estranged from family and/or friends   |
| <b>I. Spiritual or<br/>Professional Supt</b>     | 0) adequate engagement with spiritual or professional support | 1) marginal engagement with spiritual or professional support    | 2) alienated from professional or spiritual support                    |
| <b>J. Employment/<br/>Economic/<br/>Academic</b> | 0) adequately employed/ financially stable                    | 1) inadequate employment/ financial instability                  | 2) recently or chronically unemployed severe economic instability      |
| <b>K. Suicide History</b>                        | 0) no history of attempt or prior ideation or DSH             | 1) prior ideation w/o attempt (no information) or some hx of DSH | 2) past suicide attempt or recurrent and viable ideation/recurrent DSH |
| <b>L. Bereavement</b>                            | 0) none   | 1) recent death of friend or relative                            | 2) suicide of relative or friend                                       |

**Summary of Factors (count circled items above, then circle total and estimated risk level)**

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 23 24

**Estimated Low Risk**

**Estimated Moderate Risk**

**Estimated High Risk**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> maintain normal routines | <input type="checkbox"/> increased monitoring | <input type="checkbox"/> continuous monitoring / hospital referral        |
| <input type="checkbox"/> contract for safety      | <input type="checkbox"/> remove risk items    | <input type="checkbox"/> immediate notification of clinician/psychiatrist |
| <input type="checkbox"/> case staffing            | <input type="checkbox"/> refer for med eval   | <input type="checkbox"/> police/emergency contact                         |

\_\_\_\_\_  
(completed by) (date) (reviewed by) (date)